



Porters Grange Primary School

Physical Education

Striking and Fielding

Early Years	
Year 1	<p>Catch a beanbag and a medium-sized ball. Roll a ball towards a target. Strike a ball using my hand. Track a ball that is coming towards me. Understand the rules and I am beginning to use these to play fairly. Recognise changes in my body when I do exercise. Say what I liked about someone else's performance. Honesty and fair play when playing against an opponent. Know how to score points.</p>
Year 2	<p>Developing underarm and overarm throwing skills. Roll a ball to hit a target. Sometimes hit a ball using a racket. Track a ball and collect it. Understand the rules of the game and can use these to play fairly in a small group. Use simple tactics. Describe how my body feels during exercise. Beginning to provide feedback using key words. Know how to score points and can remember the score.</p>
Year 3	<p>The skills acquired in striking and fielding are applied through a variety of units in KS2 such as rounders, cricket etc.</p>
Year 4	
Year 5	
Year 6	